

How EHRs Can Give Physicians Their “Pajama Time” Back

It’s no secret: physicians are frustrated with their EHR workload. But with MEDITECH Expanse, you can deliver care from wherever you are, and reclaim your “pajama time” once the workday is done. Here’s how:

Despite spending an average of 2 hours at a computer for every hour they spend with patients during the day, physicians still frequently take 1–2 hours of EHR workload home each night.



With IT Integration

An EHR with a complete patient record empowers physicians to treat the whole patient, not just the problem. No more time wasted searching for information or asking patients redundant questions.



Avera Health System experienced the following improvements after adopting MEDITECH's EHR:

66%

documentation
time reduction

60%

click
reduction

2.5 Hours

on average saved per
day by physicians

With Personalized, Mobile Workflows

To be more productive, physicians need an EHR that works the way they work, and goes wherever they go. Expanse gives them a web-based, personalized user experience so they never lose sight of key details.



Click Reduction



2,140/day

Expanse EHR iPad “taps”
1.5 hours/day

vs.



6,100/day

Desktop PC “clicks”
4 hours/day

With More Care Team Tools

MEDITECH's actionable patient registries enable support staff to manage patient information and questions that might otherwise get buried in a crowded inbox.



Users of patient portals:

67% more likely to keep
their appointments

30% less likely to make
requests for information

15% more likely to perceive
health improvement

With Patient Empowerment Features

Interactive features in MEDITECH's Patient and Consumer Health Portal — like virtual visits, questionnaires, and the ability to upload data from wearable devices — keeps patients engaged between visits and gives them the ability to manage their own health.



Sources:

NEJM Infographic: Date Night with the EHR - <https://catalyst.nejm.org/date-night-ehr/>
MEDITECH Whitepaper: Innovation In Action - <https://info.meditech.com/white-paper-innovation-in-action>
MEDITECH Case Study: Ontario Shores Advances Patient Engagement With MEDITECH - <https://info.meditech.com/case-study-ontario-shores-advances-patient-engagement-with-meditech-0>